

# Assisted Living.

## Smiles and hugs included.

For Community Members who require some extra care, V!VA's Assisted Living program offers an optimal combination of spacious suites, privacy and assistance when you need it.

Located on V!VA Leaside's beautifully designed Third Floor, the Assisted Living suites feature wider doorways for easier access, grab-bars for security, and access to nursing and personal care services 24 hours a day, 7 days a week. Plus, Assisted Living Community Members have access to exclusive amenities conveniently located on the same floor, including: the accessible The Airdrie Spa featuring a walk-in therapeutic tub, The McRae dining room, and the Family Den – a great place to catch up with friends or just read the paper.

### Assisted Living suites include our standard IL features, plus:

- Access to 24/7 on-site Wellness Team
- Medication management & administration through our specialty pharmacy
- Individualized support with activities of daily living and personal care
- Assistance with bathing
- Emergency alert system & personal pendant
- Three delicious & balanced meals daily
- Laundry & housekeeping weekly
- Coordination with Ontario Health and other external care providers

### In addition, these options are available for an additional fee:

- Adjustable bed
- Continence care
- Assistance with ambulation and transfers
- Companion care
- Other services as needed



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