



## NEWLY ENHANCED Assisted Living Services

Recovering from surgery? At VIVA Retirement Communities, each day is about providing a helping hand, and ensuring your peace of mind.

### What our Assisted Living Program offers you:

- Access to 24/7 on-site nursing
- Personal support with activities of daily living
- Assistance with bathing
- Emergency alert system & personal pendant
- 3 delicious, balanced meals daily
- Laundry and housekeeping weekly
- A dedicated Assisted Living floor
- A dedicated dining room
- Spa with a step-in jacuzzi and an accessible zero-threshold shower

**V!VA** Retirement Communities™

## NOW ENHANCED to include:

- Transfers (up to 2 persons)
- Continance Care Program
- Raizer Mobility Lifting Chair
- Ivacare Roze Stand Up Lift
- Glide about Commode
- Pivot disc
- Adjustable beds
- External services welcome
- In-suite medication administration up to twice daily
- 120 minutes of personalized care
- Assistance with bathing (twice weekly)
- Escorting to and from all meals
- Escorting to and from an activity of choice daily



Pre-book your post-surgical recovery in our cozy, fully furnished respite suites. Visit us for a tour today!

Recover at V!VA with comfort and ease. For more information, get in touch with us at 1-888-984-8482 or visit [vivalife.ca](http://vivalife.ca).

**V!VA** Retirement Communities™

**Barrhaven | Mississauga | Oakville | Pickering  
Thornhill Woods | Waterside | Whitby Shores**

We are not licensed for the following and will not be able to support in: Assistance with feeding and preparing, altered texture diet (puree or minced food, thickened fluids), a secured/locked unit dementia/memory care program. Full body lift/hoyer lift when the Community Member can no longer bear weight, complex wound care dressing – we could only apply first aid and then refer to an Ontario Health services nurse, 24/7 supervision.