



Flu  
shot.

Remedy'sRx<sup>®</sup>

## How to get your flu shot and get the most out of your appointment

1. Book an appointment in-person, by phone or visit our website (if applicable) at \_\_\_\_\_  
\_\_\_\_\_
2. Fill out the consent form ahead of time. Ask us for a vaccine consent form or scan the QR code below.
3. Get a prescription for any other vaccines you may need.
4. Download the *CanImmunize* app if you would like to create a digital record your immunizations.
5. Think ahead! Order your prescription refills and commonly used OTC products in advance and pick them up after your flu shot.

**Please wait outside the pharmacy  
until your scheduled appointment time,  
and please wear a face mask at all times  
once inside the pharmacy.**

**Thank you.**

